

Hello 4TH and 5th Grade Parents!

Here is everything you need for your family HCKids at home activities. Just follow the directions on the Parent Guide (next page) for any of the things you and your child(ren) are interested in doing. Also included in this document is the link to the Bible Video and "God Time" pages to do throughout the week.

YOUR CHILD WILL EARN 3 POINTS TO SPEND AT THE STORE FOR EACH COMPLETED ACTIVITY AND 10 POINTS FOR A COMPLETED "GOD TIME"

~ PLEASE EMAIL ME POINTS EARNED EACH WEEK ~

Losborne@hillcrestcov.org

Praying you all are well, safe, growing in faith, and having fun during our time apart!
Please reach out if you need anything at all.

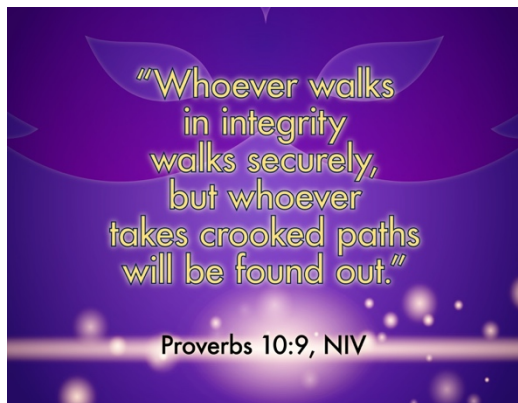
Lisa Osborne

HCKids Elementary Director

FOR THE MONTH OF OCTOBER, WE ARE STUDYING:



THIS MONTH'S MEMORY VERSE:



TODAY'S BOTTOM LINE:



Watch Bible Video Here: <https://at-home.playlister.app/3e01533f-d769-41b3-9cff-91ac5761fbc5/31bf2557-b94a-4907-897e-8ac0376b3380>

Offstage: Drop the Act

1. WATCH IT!

First, watch
this week's
video!

Integrity:
choosing to
be truthful in
whatever you
say and do.

Memory Verse

Anyone who lives
without blame
walks safely. But
anyone who takes
a crooked path will
get caught.
Proverbs 10:9, NIV

Bible Story

Rise Up
(Daniel's Integrity)
Daniel 1

Key Question

How do you
want people to
describe you?

Use this guide to help your family learn about
how God wants us to live with integrity.

2. DO IT!

Activity

Scenario Says

WHAT YOU NEED:

No supplies!

WHAT YOU DO:

Tell your child that integrity means choosing to be truthful in whatever you say and do. You're going to take turns reading a scenario from the list below. One of you will come up with a response that shows integrity, and one of you will think of a response that doesn't show integrity.

(Make sure to take turns coming up with the positive response versus the negative response so one person isn't exclusively thinking of negative reactions!)

- You find \$10 in the couch cushions.
- Your promised you would clean your room.
- You said you would finish your homework but you really want to go outside and meet up with a friend.
- You are at a friend's house when they start watching a movie that you know you're not allowed to watch.
- Your dad tells you goodnight and asks you to read 30 minutes before going to sleep.
- You pick up your sister's latest LEGO creation. A big chunk breaks off, and you can't fix it on your own.

3. TALK ABOUT IT!

Talk about the Bible Story

In your own words, what do you think integrity means?

Why was Daniel taken to Babylon? (*Daniel was taken to Babylon because King Nebuchadnezzar conquered Judah and marched all the people to Babylon to live*)

How did Daniel and his friends show integrity during their training? (*They didn't eat the king's food. Doing so would dishonor God because the food had been offered to false gods*)

What happened when Daniel and his friends only ate vegetables for 10 days? (*they looked healthy and well fed—they looked better than the men who ate the king's food*)

When can it be hard for you to tell the truth or show integrity? (*Allow them to respond.*)

Integrity is more than being honest. It is about being honest even if no will see or hear you being honest. (*Share an example of an area in your life where you're working on integrity.*)

How can you work on integrity this month?



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You are faithful and never change! In everything You say and do, You have always been truthful! We can trust You no matter what. God, You made each one of us in Your image, and we want to reflect You to others. Help us to show integrity and be truthful in whatever we say or do. In Jesus name we pray. Amen"

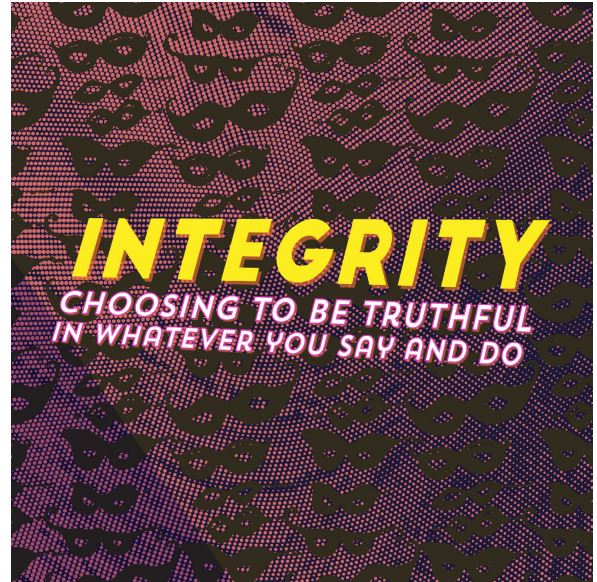
Spend some time thinking about the question below and journal your thoughts or share them with a parent.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

[illegible]

Download the free Parent Cue App
AVAILABLE FOR IOS AND ANDROID DEVICES

Week 1



Go to Studio252.tv and watch this week's episode of The So & So Show.

➡Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church,
feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____



Day 2

Read Daniel 1:3-5, 15-20

As you read verses 3-5, underline the characteristics of the young men the king was looking for. Then as you read verses 15-20, circle the description of Daniel and his friends. Lastly, draw a line from each of the things the king was looking for in these men down to the circled description that matches it in verses 15-20.

That line, the space between verses 5 and 15, represents years of living lives of integrity by Daniel and his friends!

How you live your life—what you do with the space between now and then—matters!

Day 3

Sometimes when we think about being truthful, we think it just means not telling any lies. But integrity is more than that: it means being truthful with your whole life.

That's a little more overwhelming, isn't it? Thankfully we have great examples like Daniel, and we have help from God.

Go grab your favorite snack. As you eat the food, imagine if you believed God was asking you to give it up for some reason. Would you be able to? It would be hard, but if you knew God had something better in mind, it would be a little easier, right? Don't worry, chances are good that God isn't asking you to give up fruit snacks or popcorn, but there may be other things in your life that He wants you to stop or start doing, and when you are obedient to live life in the way that He's called you to, you will live a life of integrity.

As you finish your food, ask God to show you any areas of your life where you might not be living truthfully and to give you the strength to change course!

Day 4

"Being truthful with your life" – that's a pretty big concept. And how it looks from person to person can look different. It's all about finding out who God has made you to be, and living a life of obedience to that call.

In other words, if God has made you to be a funny person, but you find yourself keeping that part of yourself away from others for fear of not being taken seriously, that wouldn't be truthful. Or maybe you've seen God do something amazing in your life and when people ask you about it, you hold back and don't point to God for fear they will make fun of you. That wouldn't be truthful either.

There are so many ways to live a life of integrity, so take a few minutes to interview a few people that you see living a truthful life. Ask them what they think integrity means, and what they think it means to live a truthful life. Ask them about a time they were tempted to not live a truthful life. And be sure and tell them how you see them living out integrity!

Day 5

Today, you're going to do a little self-inventory. Use the space on the back or a separate piece of paper.

What are six words you would use to describe yourself?

What are six words you would want people to use to describe you?

Are these words the same? Maybe some are the same, and some are different? Circle any from the second group that you didn't use in the first.

These circled words might just be the key for you to live a life of integrity—being true to who God made you to be! Ask God to help you live truthfully and live the life He has called you to live!