

keeping wholeness in
mind



Sermon Discussion Guide

September 25th, 2022

Use this discussion guide with your small group or by yourself, to dig into the text and theme of Sunday's message.

Key Point: God makes a way through darkness.

Life Sharing: (answer one)

1. Tell us about a time you needed to be brave, to face a fear and move forward.
2. Who showed up in your life when you were going through a difficult time?

Transition / Open in prayer:

3. When is running away from a problem a good first step?

Life Examination:

READ *1 Kings 19:1-16*

4. What had Elijah done that made Queen Jezebel angry?

5. What was Elijah referring to when he said, "I'm not better than my ancestors" in verse 4?
6. How did God respond to Elijah's request for his life to end?
7. Verses 9-14 reveal the conversation Elijah had with God. It happened twice with the wind, earthquake, and fire in between the exact same exchange. What was the point of the wind, earthquake, and fire?
8. Summarize how God responds to Elijah's complaint (vs 15-18).

READ *1 Peter 5:5-9*

9. How do you humble yourself?
10. What does it look like when the evil one devours someone?
11. List several ways we can "resist the Devil".

Life Application:

12. What are some ways you figure out if God is speaking to you or if it is something else?
13. How do you restore when you are exhausted? What are some ways to strengthen your resiliency?
14. Who are you able to share your sufferings with? How did that relationship develop?
15. What is a care or anxiety in your life you would like to throw to God, place in His hands?

Life Prayers: Pray for one another. Focus on the things that cause worries and fears in life.