### **ICEBREAKER QUESTIONS**



Use these questions to kick off a meeting and to encourage people to start talking while getting to know one another.

- 1. The questions become more personal and insightful as the levels increase.
- 2. Ask everyone the same question or allow each person to pick a level and question number.
- 3. Alternatively, cut up the questions, place them in a bowl, and have each person draw one to answer.

#### LEVEL 1:

- 1. What famous person did you have a crush on as a teenager?
- 2. What is one of your favorite local restaurants?
- 3. What show, movie, or podcast have you recently watched or streamed that you loved?
- 4. If you could be any animal for a day, which animal would you pick? Why?
- 5. What was one of your first paid jobs?
- 6. In twenty seconds or less, show a scar and tell what happened.
- 7. Which food would you rank high on your list of least favorite foods?
- 8. If you could possess a supernatural ability, what would it be?
- 9. If you had to go by a completely different first name, what would it be?
- 10. If you had to give up a favorite food, which would be the most difficult to give up?
- 11. If you could borrow anything from anyone for one week, what would you borrow?
- 12. If you could have a personal assistant to take care of one task a day for you, what job would you chose to have them do?
- 13. What is something you should probably get rid of but haven't?
- 14. You have \$10,000 and one week to spend it on a trip to somewhere in the world. Where would you go and why?
- 15. What product or service could you easily and happily represent as their national spokesperson because you love it so much?
- 16. If you could be instantly fluent in one other language, what would it be and why?
- 17. What was your first concert?
- 18. What was your favorite Halloween costume as a child?
- 19. What completely safe animal inexplicably freaks you out?
- 20. What nicknames have you had in the past?
- 21. What is in the trunk of your car right now?
- 22. What candy do you enjoy that many people dislike?
- 23. What trendy fashion item did you wear (in the 70s, 80s, 90s, etc.) that you would now be embarrassed to wear?
- 24. Do you prefer crunchy or smooth peanut butter?
- 25. If you were good enough to medal in the Summer or Winter Olympics, which event would you most like to do?

# groups

## LEVEL 2:

- 1. Tell us about a school teacher that made a big impression on you (for good or bad).
- 2. What aspect of your daily routine do you look forward to the most?
- 3. If you were guaranteed to be successful in a different profession, what would you choose to do?
- 4. What is one lesser-known thing that surprises people about you?
- 5. What is one of the worst jobs you've ever had?
- 6. What (if any) is the story behind your name?
- 7. What are a couple of things you remember about your grandparents?
- 8. What is the worst storm or disaster you've been in? What was it like?
- 9. What is a unique habit of yours that some people would find odd?
- If you could have dinner with anyone dead or alive, who would you pick and why? (You can't say Jesus.)
- 11. If you could travel back in time to any certain era or event, when/where would you pick and why
- 12. Assume your home is on fire. All the people and pets are safely outside. You have time to run back in to rescue one more thing. What would you save?
- 13. What's the story behind the longest time you've gone without sleep?
- 14. What were the circumstances that surrounded your first kiss?
- 15. Tell us about a time when you got into big trouble.
- 16. You have one minute to speak to the entire nation on national television. What one or two key things would you like to tell them?
- 17. What day of your life would you most like to relive? Why?
- 18. What is a purchase you eventually came to regret?
- 19. What was a strange or unique family tradition you had growing up? 20.What do you remember being afraid of as a child?
- 20. What clubs where you involved in during high school and college?
- 21. If you had one extra hour of free time a day, how would you use it?
- 22. When you were in grade school, what did you want to be when you grew up? Why? 24.What is something you own that is of sentimental value?
- 23. What famous person do you know or have you met face to face?

# groups

### LEVEL 3:

- 1. What do you miss most about your childhood?
- 2. What is an emotion you often feel but don't often express?Why?
- 3. What compliment do you value most these days?
- 4. Where do you go or what do you do when life gets you down?Why?
- 5. Who is one of your heroes?
- 6. In what area of your life would you like to have greater peace?Why?
- 7. What is one of your biggest fears about the future?
- 8. If you were to write a book, what would it be about?
- 9. In what are a would you like to be taken more seriously?
- 10. In what way are you most often misunderstood?
- 11. What one thing would you like your obituary to say about you?
- 12. What is one of your current fears or phobias?
- 13. Which of your habits annoys you most?
- 14. In what ways are you like your mom?
- 15. In what ways are you like your dad?
- 16. Outside of marriage or parenthood, what was a life event or season that significantly shaped who you are today?
- 17. What is one of your strengths?
- 18. What event or season of your life was difficult but rewarding?
- 19. What do you wish you had spent more time doing five years ago?
- 20. What is one thing you are embarrassed to admit?
- 21. What brings you tension these days?
- 22. What was the best thing that happened to you this past weekend?
- 23. What piece of advice do you wish you could go back and give to yourself as a teenager? 24.What is something you'd try if you were guaranteed not to fail?
- 24. What is something God is teaching you in this season of your life?