

GOD AND ME

Lesson Twenty-One

GOD IS....

I AM...



MY RESPONSE...

THE LOVE OF THE CROSS



JESUS CHOSE THE CROSS BECAUSE HE **LOVES** US!

AND



HIS RESURRECTION GIVES US THE **POWER** TO CHOOSE TO LOVE HIM!

"The message of the cross seems foolish to those who are lost and dying.
But it is God's power to us who are being saved."

1 Corinthians 1:18

"I pray that the God of our Lord Jesus Christ, the Father of glory, may give you
a spirit of wisdom and of revelation in the true knowledge of Him."

Ephesians 1:17



GOD SAID, "I AM WHO I AM"



THE FIRST "I AM" Exodus 3:14-15

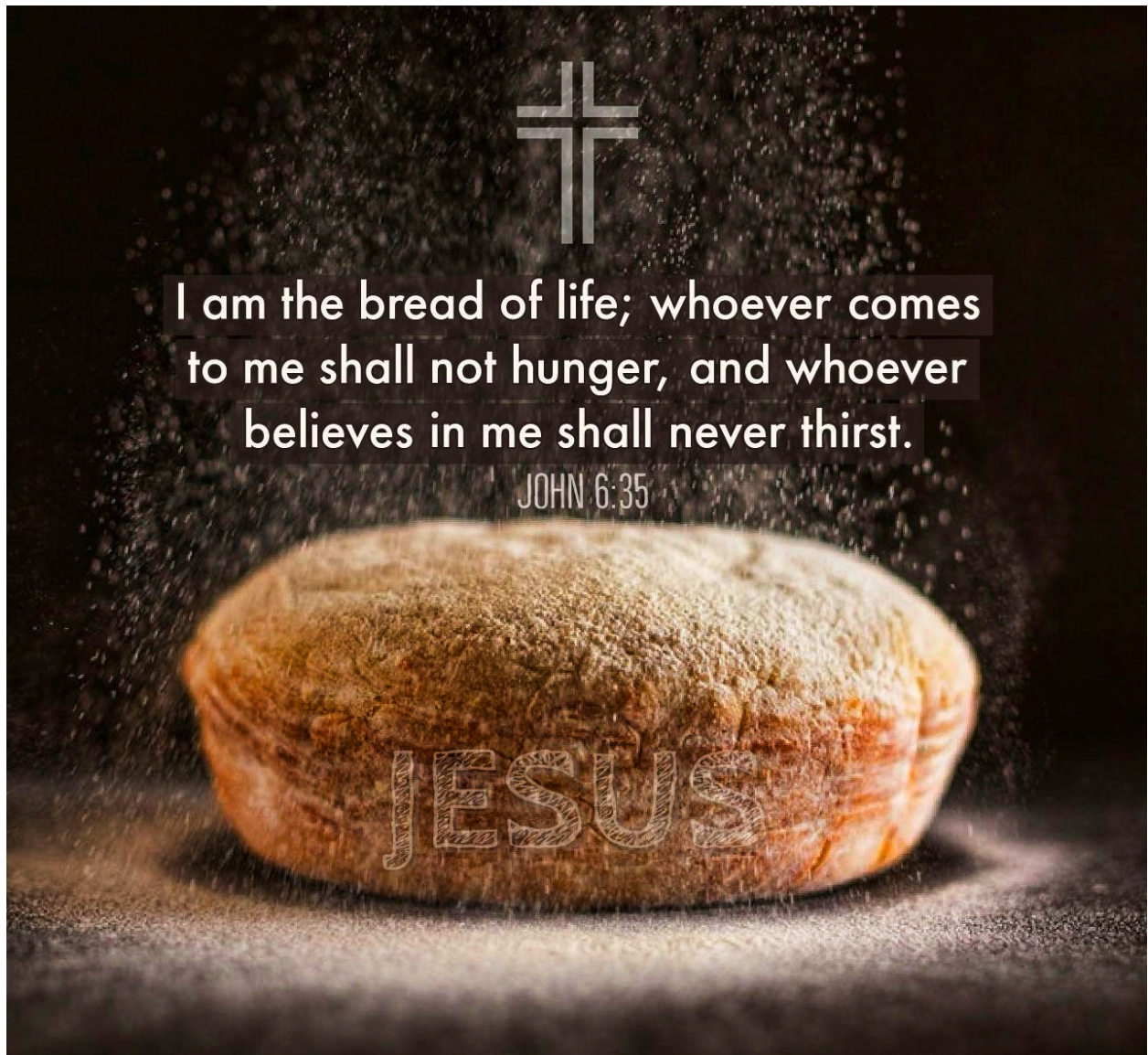
*God said to Moses, "**I am who I am.** This is what you are to say to the Israelites: '**I am** has sent me to you.'"*

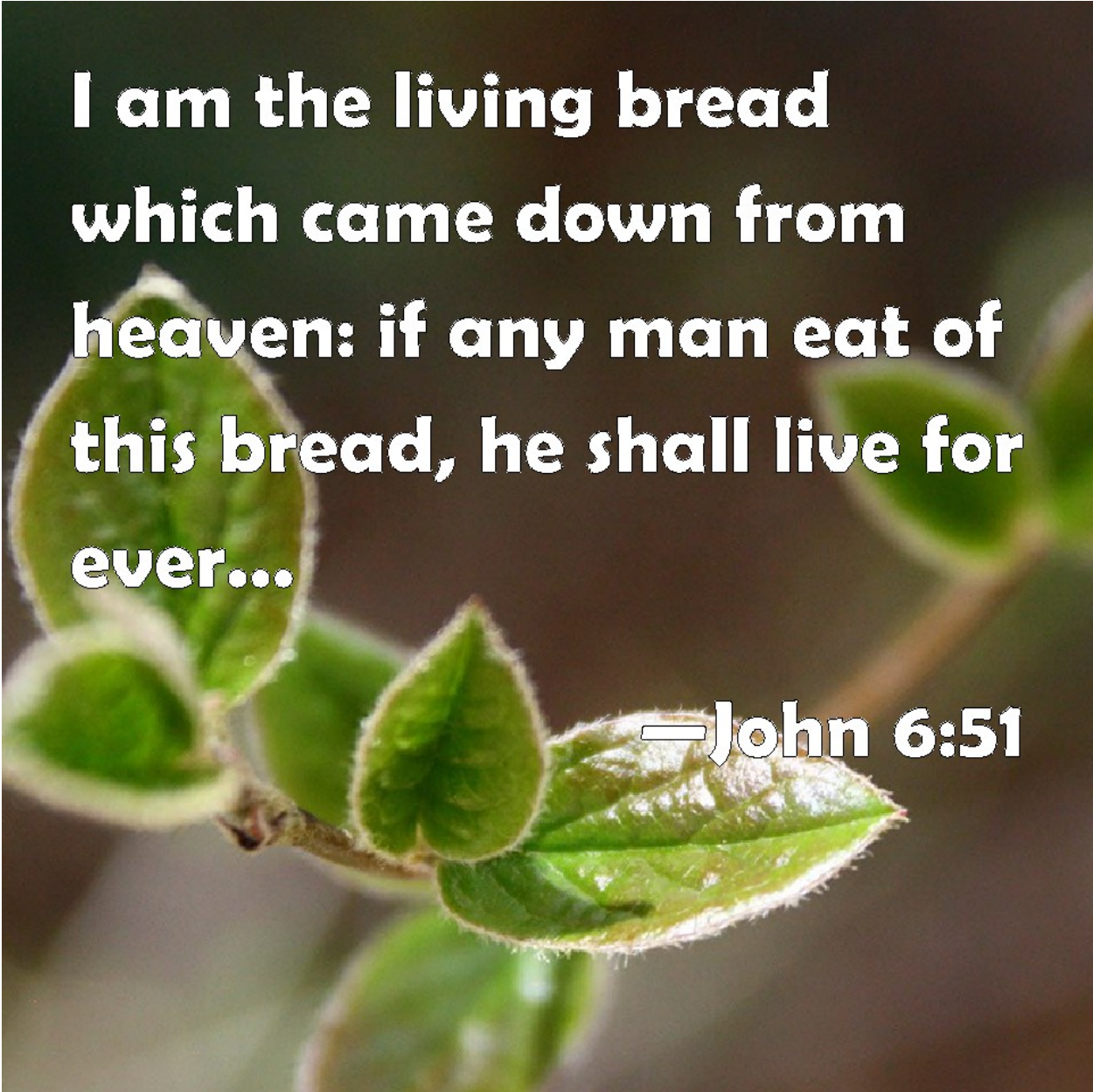
God also said to Moses, "Say to the Israelites, 'The Lord, the God of your fathers—the God of Abraham, the God of Isaac and the God of Jacob—has sent me to you.'

***"This is my name forever,
the name you shall call me
from generation to generation."***

This is the first time in the Bible when God calls Himself, **"I AM"**
Through the season of Lent, we are going to learn about Jesus calling Himself by
the Name of God: **"I AM"**!

Jesus said, **“I AM the Bread of Life”** John 6:35





**I am the living bread
which came down from
heaven: if any man eat of
this bread, he shall live for
ever...**

—John 6:51

BIG IDEA

Since Jesus is the “Bread of Life” He can help us to live healthy and strong lives. **Just as bread sustains physical life, so Christ offers and sustains spiritual life.** We just have to ask him! He is waiting to help us when we just believe in him!

JESUS is good bread from heaven that keeps us going forever.

Talk It Over:

Since God is invisible (like air, or love but they still exist) sometimes this stuff can be hard to get when we are first learning about it.

Jesus knew that spiritual things can sometimes be confusing, so He used “metaphors” to explain things that are hard to understand. That just means using an object we can see (like bread) to help us understand in a new way. Does the bread metaphor help you understand, or is it still confusing?

Because Jesus is the BREAD OF LIFE, I am full of spiritual energy to live for Him forever.

My Response:

I choose to believe that Jesus is the Bread of Life

I choose to believe in Jesus because

He is the good bread from heaven that keeps me going forever.



TALK TO GOD

Use the ARK model (**A: Agree R: Revelation K: Keep**) to pray using Scripture.

Then Jesus declared, *"I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."*

John 6:35

Agree - LORD, I **AGREE** that You are the Bread of Life. **You are the good bread from heaven that keeps me going forever.** As I choose to believe in You, Jesus, I will never be spiritually hungry or thirsty. You give me everything I need.

Reveal— Please show me more about what it means that You are The Bread of Life. Show me how You fill my spirit with goodness the same way that good bread fills my tummy.

Keep— I want to trust You to take care of me and give me everything I need. Thank You, LORD, for being the good bread from heaven that keeps me going forever! **Amen**

Write or Draw Your Own Prayer Above

WORD SEARCH

Then Jesus declared, "I am the bread of life.

Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."

John 6:35

A	Q	R	J	E	S	P	L
B	B	R	E	A	D	D	F
K	R	E	S	U	L	B	X
S	D	F	U	A	Z	C	O
W	R	T	S	X	A	M	Q
K	I	P	Z	P	F	E	L
F	G	H	L	I	F	E	T
J	E	A	N	P	B	G	I

I AM BREAD LIFE JESUS

FIND THESE WORDS 😊

TAKE HOME CHALLENGES:

1. **This week read one or more of these Scriptures in the Bible.**

Corinthians 1:18

Ephesians 1:17

Exodus 3:14-15

John 6:35

John 6:51

2. **Memory Verse:** Then Jesus declared, *"I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."*

John 6:35

3. **Share this workbook with a family member and talk about:**

a. **God is...**

b. **I am...**

c. **My Response...** (Share your feelings about what you learned together)

4. **Do the coloring, writing a prayer and activity pages suggested in this book.**

