

Hello 4<sup>TH</sup> and 5<sup>TH</sup> Grade Parents!

OUR THEME FOR THE MONTH OF NOVEMBER IS:



I'm very excited to focus on thankfulness this month! God is faithful, true and good. I have so much to be grateful for. Your family is one of the many blessings in my life, and I am so thankful for the honor of serving you and your child(ren).

Here is everything you need for your family HCKids at home activities. Just follow the directions on the Parent Guide (next page) for any of the things you and your child(ren) are interested in doing. Also included in this document is the link to the Bible Video. At the end of the document you will find the "God Time" pages for your child(ren) to be able to do a daily devotional throughout the week.

Please be sure to connect with NexGen through our monthly "Spiritual Discipleship Boxes". If you are unable to attend the monthly event, you can pick up your box at church or we can deliver it to your door. Just let me know what you'd like to do!

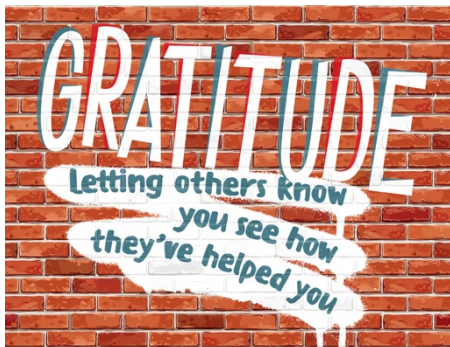
Praying you all are well, safe, growing in faith and thankfulness, and having fun during our time apart! Please reach out if you need anything at all.

Have a Great Month of Gratitude!

Lisa Osborne

HCKids Elementary Director

NOVEMBER'S LIFE APPLICATION:



THIS MONTH'S MEMORY VERSE:



TODAY'S BOTTOM LINE:



WEEK OF  
November 1, 2020

# Shout Out: Let 'em Know You're Thankful

PARENT GUIDE  
Preteen

Use this guide to help your family learn how  
God wants us to be grateful.

First, watch  
this week's  
video!

Gratitude:  
Letting others  
know you see  
how they've  
helped you

#### Memory Verse

Give thanks to  
the Lord, because  
he is good. His  
faithful love  
continues forever.  
Psalm 136:1, NIV

#### Bible Story

Give Thanks No  
Matter What  
Happens  
1 Thessalonians 5:18

#### Key Question

What are you  
grateful for?

## Activity

### Gratitude List

#### WHAT YOU NEED:

Paper and pen (for both you and your child)

#### WHAT YOU DO:

Sit down with your child and give them a sheet of paper and a pen. Grab a set for yourself, too. Tell your child that you're both going to make a "gratitude list" of 10 things you're thankful for, in no particular order.

Make your list while your child does theirs. Then, switch papers and circle what you think your child would say are their top three things on their list, while they do the same on YOUR gratitude list. When you're both finished, share which three things each of you picked, and see if each of you guessed correctly!

## Talk About the Bible Story

Describe a grateful person. Now describe an ungrateful person.

Do you think we can be grateful even when we don't FEEL grateful? Why or why not? (*We can be grateful all the time because God loves us and takes care of us.*)

What's the best way to change an ungrateful attitude to a grateful one? (*Remember all that you have—family, home, food, etc.*)

Is there a time that you can remember feeling really grateful?

Parent: Share a story about a time when you were grateful or ungrateful.

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, gratitude doesn't come easy to us, especially when we're having a bad day. We need Your help to remember that Your plans are always good. Instead of complaining about what's bad, help us choose to be grateful for all that is good. In Jesus' name, amen."

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



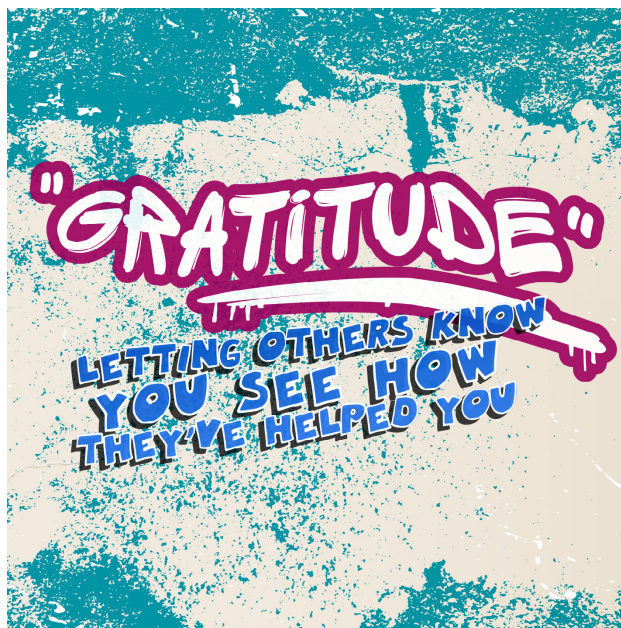
**WHAT ARE YOU GRATEFUL FOR?**

Handwriting practice lines for the title and body text.



**Download the free Parent Cue App**  
AVAILABLE FOR IOS AND ANDROID DEVICES

Week 1



Go to [Studio252.tv](http://Studio252.tv) and watch this week's episode of The So & So Show.

➡Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church,  
feel free to check it out again!

### SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

2. You learned: \_\_\_\_\_

3. You'd like to know: \_\_\_\_\_



## Day 2

### Read 1 Thessalonians 5:18

Read 1 Thessalonians 5:18 out loud. When you say “give thanks” and “God wants you to thank Him,” do the following sign from American Sign Language, which means to thank God.

#### Search how to sign this:

<https://www.signingsavvy.com/sign/THANKS/7585/1>

It’s not a coincidence that the sign has you moving your hands upward, as though to God, because in American Sign Language, you move your hands in the direction of the person you’re thanking. Every time you notice something great today, make the sign as a remembrance that you’re thanking God. You always have something to be grateful for!



## Day 4

Gratitude is contagious, so today, find a friend or family member with whom you can share the list you made yesterday.

Just as you did when you prayed, get specific, sharing exactly why you’re thankful for the things on your list.

Ask a friend what they are thankful for, and if they struggle to come up with some things, help them see some of the gifts and blessings in their own life. Share 1 Thessalonians 5:18 with them, reminding them that we should give thanks no matter what happens!



## Day 3

Hopefully when you talk to God, you include some time for gratitude.

Hopefully when you talk to God, you include some time for gratitude. But today, pray a prayer that’s only gratitude. Start out by writing at least three things below that you are thankful for.

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Now take some time to thank Him for the good things He is doing in your life and all the gifts He’s given you, making sure to mention the things you’ve written above. Be specific in your prayer, telling God exactly why you’re thankful for those things!

## Day 5

Look around your house for a notebook or journal (be sure and ask if it’s not yours!).

If you can’t find one, grab some blank sheets of paper and find a way to bind them (paper clip, staple, tape, etc.)

On the front of your journal (or the first page, if you can’t write on the cover), write the words GRATITUDE JOURNAL. Use your creativity to decorate and personalize your journal.

Go back and look at what you wrote on Day 3 of your GodTime card. You wrote three things you’re thankful for, but you likely have far more than three things to thank God for! For the next month, try to write 1–2 things in your gratitude journal every single day that you’re thankful for. And don’t stop there . . . aim for a lifetime of gratitude journaling because you always have something to be grateful for.